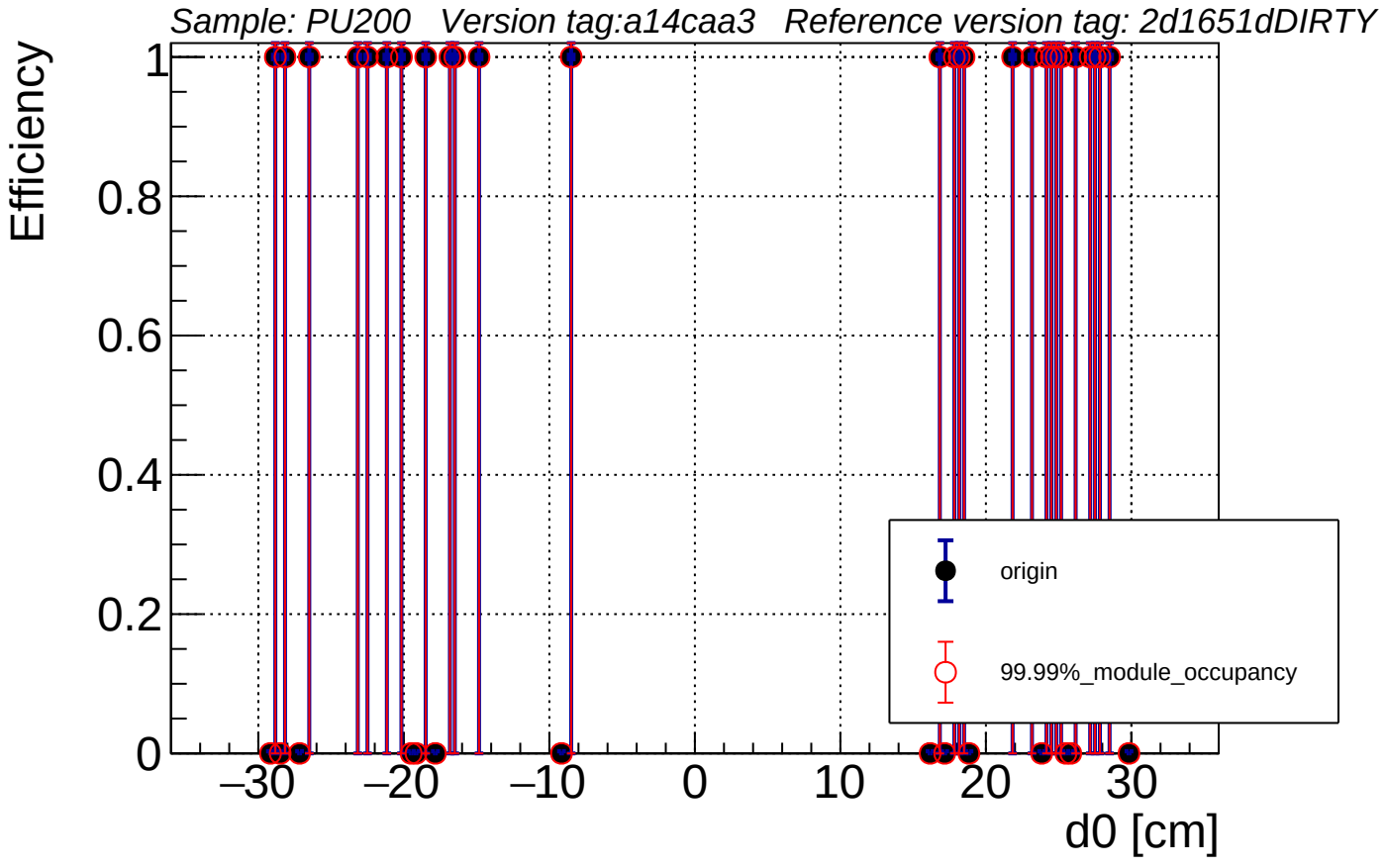Efficiency of Track Extension of all types